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How to Inject Tirzepatide



Tirzepatide is a once-weekly injection.



Tirzepatide must be stored in the fridge.



Read and follow instructions to inject.

Step 1

Decide on Injection Location and Clean

- *The most common area to inject is in the stomach near your belly button, but you can also inject the back of your arms or the upper leg*
- *Choose an area where you can pinch the skin to inject the medication into your fatty tissue. You don't want to inject into muscle.*
- *Clean the injection area with an alcohol pad before injecting.*

Step 2

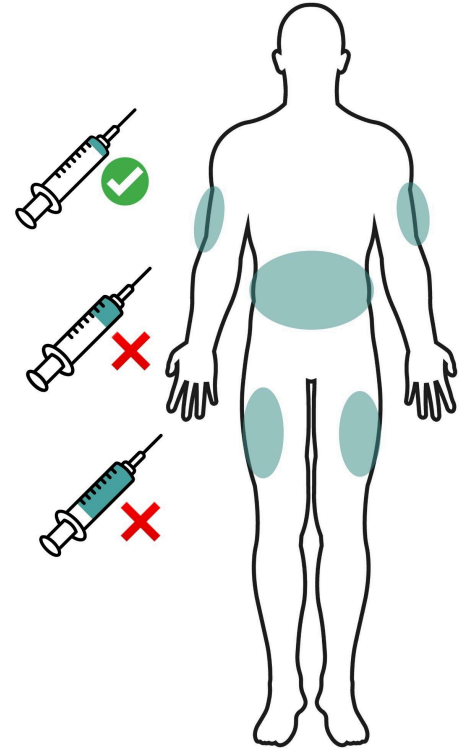
Prepare Materials for Injection

- *Remove the medication vial from refrigerator just before use.*
- *Check your doctor's instructions to see how many units you should draw into the syringe.*
- *Have a puncture proof container (like a plastic milk carton) nearby to dispose of the needle safely.*
- *Have a band aid nearby if needed.*
- *Have an alcohol pad ready to sanitize the top of the vial and the injection site after injecting.*

Step 3

Prepare Medication for Injection

- **Double check the dose & how many UNITS you should inject:**
 - **Check the dosing instructions on the outer box containing your medication.**
 - **Check the dose in the message from your doctor.**
 - **Make sure to inject the correct number of UNITS on the syringe as specified by your doctor.**
- **Remove the lid from the vial and wipe the top surface clean with an alcohol pad.**
- **Remove the BOTTOM orange cap from the syringe.**
- **CAREFULLY, remove the TOP orange cap from the syringe to expose the needle.**
- **With the syringe held in your dominant hand, puncture the vial's rubber top with the needle.**
- **Turn vial upside down and pull back on plunger slowly until you have reached your prescribed dosage.**



BEFORE INJECTING

Inspect the syringe for proper dosing. Air pockets or bubbles may be present. To get rid of bubbles, you may have to tap gently on the side of the syringe, or push the medication back into the vial, and then pull out your dose again

Step 4

Inject Medication and Safely Dispose of Syringe

- *Hold the syringe in your dominant hand as if you are holding a pen.*
- *At the cleaned injection site, pinch or gather skin.*
- *Insert the needle into skin at a 90-degree angle.*
- *While the needle is inserted, slowly push on syringe plunger until all of the medication has been injected.*
- *Wipe the injection area with an alcohol pad after injecting.*
- *Apply a band aid to the injection site if needed.*
- *Cover the syringe needle with the cap.*
- *Discard the syringe in a puncture proof container, and store safely for future disposal.*



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